

Licenses and Qualifications

Licenses

- Junior High School Teacher License (Physical Education)
- High School Teacher License (Physical Education)
- Judo Therapist *1

Qualifications

<Japan Health Promotion & Fitness Foundation>

- Health and Exercise Instructor
- Health and Exercise Practitioner

<Japan Sports Association>

- Common Subject I Exemption *2
- Common Subject II Exemption *2
- Common Subject III Exemption *2
- Assistant Manager
- Aerobic Coach I

<National Recreation of Japan>

- Recreation Instructor

<Japan Para Sports Association>

- Introductory Para Sports Instructor *3

*1 A Judo Therapist is a professional specializing in treating injuries such as fractures, dislocations, and sprains using manual techniques such as closed reduction and immobilization.

*2 The Japan Sport Association requires students to take both general and specialized courses to obtain coaching qualifications. In this department, students can be exempted from general courses depending on the curriculum.

*3 This can be obtained by taking and passing an external training course for beginner parasports instructors hosted by Yamaguchi Prefecture or Shimonoseki City.

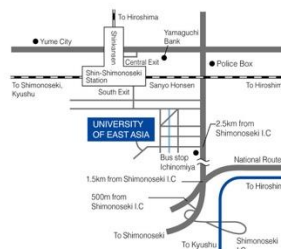


Communicating the wonders of sports
Sports Education and Coaching Course



Becoming and developing athletes
Athletes Training Course

Access



〒751-8503 2-1, Ichinomiya-Gakuenmachi, Shimonoseki City, Yamaguchi prefecture

TEL +81-83-256-1111
(Main phone number)

<https://www.toua-u.ac.jp/human-science/>

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Department of Sports and Health Sciences

UNIVERSITY of EAST ASIA



Contributing to people's health
Health Management Course



Becoming a sports and medical professional
Judo Therapy Course

Department of Sports and Health Sciences

Sports Education and Coaching Course

Through practical classes designed to simulate educational settings, the program aims to develop junior and senior high school teachers and sports coaches who have acquired practical skills.

By analyzing sports from a scientific perspective, you will learn coaching methods to improve athletic performance.



Health Management Course

Students will acquire a scientific perspective on healthy exercise and the management skills for local sports and health promotion projects, thereby promoting a sports culture.

Students will acquire practical instruction methods for walking, jogging, aerobics, etc., and obtain qualifications such as health and exercise instructor.



Athletes Training Course

Based on the idea that "the stadium is also a laboratory," students acquire real skills through practical experience, based on advanced knowledge and analytical skills, and achieve rich character development through sports.



Baseball



Men's Volleyball Club



Judo



Kendo



Track & Field Club

Judo Therapy Course

Not only will you acquire the technical skills to become a judo therapist, but you will also gain the cultural skills of an educator.

You can acquire the eligibility to take the national exam for Judo Therapists (National License) and aim to become a professional who supports the health of athletes, the elderly, and people in the community.

It is possible to obtain a 1st Category teaching license for junior high school and high school (PE), allowing students to provide distinctive education in schools as PE teachers with medical

